

8:00am

Girls U9 Swedish Relay
Boys U9 Swedish Relay
Girls U10 Swedish Relay
Boys U10 Swedish Relay
CAT U9-10 Swedish Relay
Girls U11 Long Jump
Boys U11 Long Jump
Girls U12 High Jump
Boys U12 High Jump
Girls U15 Discus
Boys U15 Discus
Girls U16 Shot Put
Boys U16 Shot Put
Girls U17 Shot Put
Boys U17 Shot Put

8:35am

Girls U7 Discus
Boys U7 Discus

8:40am

Girls U13 Shot Put
Boys U13 Shot Put

8:50am

Girls U14 Swedish Relay
Boys U14 Swedish Relay
Girls U15 Swedish Relay
Boys U15 Swedish Relay
Girls U16 Swedish Relay
Boys U16 Swedish Relay
Girls U17 Swedish Relay
Boys U17 Swedish Relay
CAT U14-17 Swedish Relay

9:05am

Girls U8 Long Jump
Boys U8 Long Jump

9:35am

Girls U9 High Jump
Boys U9 High Jump
Girls U11 Discus
Boys U11 Discus

9:50am

Girls U10 Long Jump
Boys U10 Long Jump

10:00am

Girls U7 4x70m
Boys U7 4x70m
Girls U8 4x70m
Boys U8 4x70m

10:15am

Girls U14 Shot Put
Boys U14 Shot Put

10:30am

CAT U15-17 100m Run-Off

10:35am

Girls U12 Discus
Boys U12 Discus

11:00am

Girls U8 Shot Put
Boys U8 Shot Put

11:10am

Girls U13 High Jump
Boys U13 High Jump

11:15am

Girls U9 4x100m
Boys U9 4x100m
Girls U10 4x100m
Boys U10 4x100m
CAT U9-10 4x100m
Girls U15 Long Jump
Boys U15 Long Jump

11:40am

Girls U16 Discus
Boys U16 Discus
Girls U17 Discus
Boys U17 Discus

11:50am

Girls U9 Shot Put
Boys U9 Shot Put
Girls U14 Long Jump
Boys U14 Long Jump

12:00pm

Girls U12 4x100m
Boys U12 4x100m
Girls U11 4x100m
Boys U11 4x100m
Girls U13 4x100m
Boys U13 4x100m
CAT U11-13 4x100m
Girls U10 High Jump
Boys U10 High Jump

12:30pm

Girls U7 Long Jump
Boys U7 Long Jump

12:45pm

Girls U14 4x100m
Boys U14 4x100m
Girls U15 4x100m
Boys U15 4x100m
Girls U16 4x100m
Boys U16 4x100m
Girls U17 4x100m
Boys U17 4x100m
CAT U14-17 4x100m
Girls U13 Discus
Boys U13 Discus

12:55pm

Girls U11 Shot Put
Boys U11 Shot Put

1:20pm

Girls U12 Long Jump
Boys U12 Long Jump

1:30pm

Girls U8 4x100m
Boys U8 4x100m
Mixed U8 4x100m
Girls U7 4x100m
Boys U7 4x100m
CAT MC U9-12 2x100m
CAT MC U13-17 2x100m
Girls U9 Discus (Field 6)
Boys U9 Discus (Field 6)

1:40pm

Girls U10 Shot Put
Boys U10 Shot Put
Girls U14 High Jump
Boys U14 High Jump
Girls U15 High Jump
Boys U15 High Jump

2:10pm

Girls U13 Distance Relay
Boys U13 Distance Relay
Girls U11 Distance Relay
Boys U11 Distance Relay
Girls U12 Distance Relay
Boys U12 Distance Relay
CAT U11-13 Distance Relay

2:15pm

Girls U16 Long Jump
Boys U16 Long Jump
Girls U17 Long Jump
Boys U17 Long Jump

*U7 & U8 Participation Ribbon
Presentation will follow the 4x70m*

*Multi-Class Events will be combined:
Discus will follow U16/U17s
Long jump will follow U7s*



Codes:

Running Order:

CAT - Combined Age Teams II MC - MultiClass

Distance Relay: 200m, 200m, 400m, 800m

Swedish Relay: 100m, 300m, 200m, 400m