



2021 Coles Summer Carnival

Information for Athletes, Parents & Team Managers

We look forward to welcoming you to the 2021 Coles Summer Carnival and suggest that the following information provided for athletes, parents and Team Managers is read prior to attending the competition.

Information for Athletes & Parents

- When athletes arrive at the venue,
 - You will be required to check in using the QR codes that will be on display leading up to and at the entry points.
 - There is no need to mark their name off with LAQ. Please find your Centre's Team Manager and advise them of your arrival.
 - The U13 & U14 Race Walking events have been combined and will be the first race of the day. Athletes must report to the secondary Call Room at the 1500m start line as soon as they arrive (by 7:00am).
- As program times may be brought forward up to 30 minutes, we recommend athletes arrive at the grounds at least 60 minutes prior to the program time.
- There will only be one call (announcement) per event or event block.
- Athletes must present to the Call Room (marshalling area) for all track events. The main Call Room is located at the 100m start end of the arena under the Nordic Sport (orange) tents. For field events, athletes present directly to their event site.
 - It is very important that athletes marshal as soon as a call is made. However, if an athlete is competing in events that may clash, the event Chief and Call Room officials must be advised by the athlete or Team Manager or parent so the officials can manage and escort the athletes to the event at the appropriate time.
 - The Call Room for the 1500m, 1500m Walks and the 100m events is located on the grassed area at the 1500m start line – athletes in these events are to marshal at this location.
 - The first of the Race Walking events will not be called (announced) due to Council noise restrictions. Athletes must report to the secondary Call Room at the 1500m start line. Athletes in these events are to marshal at this location.
 - Athletes competing in the 800m are to marshal in the main Call Room. Once marshalled, athletes will be escorted to the main arena. Parents are welcome to watch the race, but the grandstands will be out of bounds.
 - U7 & U8s competing in the Shot Put and Discus are to marshal in the main Call Room. Once marshalled, athletes will be escorted to the main arena. Parents are welcome to watch the events from the seats near each event, leaving the area clear of all rubbish.
 - Parents and coaches are not to enter the Call Room unless advising the Call Room Chief of a withdrawal.
- All athletes must be in correct approved Centre uniform, otherwise, they will not be allowed to enter the competition arena to compete. Registration number, age patch and Coles patch must be attached to the uniform and clearly visible.
- Spike rules: Needle spikes are not permitted. The only style of spikes permitted on the SAF synthetic track and field event areas are Christmas Tree and Pyramid style. At track events spikes must not exceed 7mm and at field events spikes must not exceed 9mm. Refer to page 8 of the Competition Handbook for spike allowances for the U11 – U17 age groups.
- Events at this Carnival will only be postponed or cancelled due to extreme weather conditions. Decisions will be made on the day of competition. Any updates will be posted on the LAQ website and Facebook page.

Information for Team Managers

Each Centre must ensure that a Team Manager is available at the arena prior to the first Centre nominated event until the last nominated event. The role of Team Manager can be shared amongst any number of Centre appointed members. Team Manager names should be provided prior to the start of the competition via email to k.lunt@laq.org.au

The Team Manager is responsible for reporting all errors and withdrawals to the Control Room located in the Administration building at the Coles end of the arena.

Protests are not taken at this competition.

General Information for All

- This event will be operating under the current COVID Safe Industry Plan & QSAC requirements.
 - Check-in is required prior to entry the SAF arena.
 - We encourage you to practice social distancing guidelines at this competition.
 - There will be sanitiser available, however, it would be advisable to bring your own.
- We have 1500 athletes nominated to compete. Please allow plenty of time to find a car park and to enter the arena.
- If you are bringing your own share tent, make sure you only use small tent pegs
- There will be a cashless canteen operating for food and beverages.
- There is no dedicated area for warm up and practice, please speak with an official if you wish to use an event area.
- An Information Tent will not be operating at this event.
- Athletes wishing to use their own throwing implements are asked to check-in equipment at least 1 hour prior to the event start time. Equipment can be checked in with the Technical Officials at the LAQ equipment shed located off arena opposite the 200m start line.
- The Final Event Order, an e-copy of the Program Booklet and further information can be found by clicking [here](#). Program booklets will not be sold at this event.
- Live results will be available throughout the competition. A link can be found on the LAQ Competition Results page. Users must remember to refresh the web browser when viewing the results multiple times.
- U9 – U17 athletes placing 1st- 3rd will be awarded medals at the event for field events. Track place getters will be awarded medals at the finish line on the inside of the track when results are verified. Parents are not permitted to enter the arena.
 - Athletes competing in the 100m (back straight) can collect medals from the Medal Collection tent on the SAF arena near the finish line – please allow time for results to be processed.
 - Athletes competing in the 800m (main arena) will be able to collect medals at the conclusion of the event before leaving in the main arena.
- U7 & U8 athlete participation medals will be presented at 1:00pm – listen for the announcement for athletes to gather on the arena. Please note this time is approximate
- To ensure the events run to time, it is important that parents and guardians come forward to assist at the events when called. We thank you in advance for your assistance.