

# 2021 Coles Spring Carnival

## Information for Athletes, Parents & Team Managers

We look forward to welcoming you to the 2021 Coles Spring Carnival and suggest that the following information provided for athletes, parents and Team Managers is read prior to attending the competition.

### Information for Athletes & Parents

- When athletes arrive at the venue, there is no need to mark their name off with LAQ. Please find your Centre's Team Manager and advise them of your arrival.
- As program times may be brought forward up to 30 minutes, we recommend athletes arrive at the grounds at least 60 minutes prior to the program time.
- There will only be one call (announcement) per event or event block.
- Athletes must present to the Call Room (marshalling area) for all Track events. The Call Room is located at the start of the 100m under the Nordic Sport (orange) tents. For Field events, athletes present directly to their event site.
  - Parents and coaches are not to enter the Call Room unless advising the Call Room Chief of a withdrawal.
- All athletes must be in correct approved Centre uniform, otherwise they will not be allowed to enter the competition arena to compete. This includes their registration number, age patch and Coles patch.
- Spike Rules: Needle spikes are not permitted. The only style of spikes permitted on the BRAF synthetic track and field event areas are Christmas Tree and Pyramid style. At track events spikes must not exceed 7mm and at field events spikes must not exceed 9mm. Refer to page 8 of the Competition Handbook for spike allowances for the U11 – U17 age groups.
- Events at this Carnival will only be postponed or cancelled due to extreme weather conditions. Decisions will be made on the day of competition. Any updates will be posted on the LAQ website and Facebook page.

### Information for Team Managers

Each Centre must ensure that a Team Manager is available at the arena prior to the first Centre nominated event until the last nominated event. The role of Team Manager can be shared amongst any number of Centre appointed members. Team Manager names should be provided prior to the start of the competition via email to [k.lunt@laq.org.au](mailto:k.lunt@laq.org.au)

The Team Manager is responsible for reporting all errors and withdrawals to the Control Room located in the Administration building at the Coles end of the arena.

Protests are not taken at this competition.

### General Information for All

- This event will be operating under the current COVID Safe Industry Plan.
  - We encourage you to practice social distancing guidelines at this competition.
  - There will be sanitiser available; however, it would be advisable to bring your own.
- West Bundaberg LAC will be operating a canteen, accepting cash and EFTPOS payments.
- There is no dedicated area for warm up and practice, please speak with an official if you wish to use an event area.
- An Information Tent will not be operating at this event.
- Athletes wishing to use their own throwing implements are asked to check-in equipment at least 1 hour prior to the event start time. Equipment can be checked in with the Technical Officials near the Information Tent.
- The Final Event Order, an e-copy of the Program Booklet and further information can be found by clicking [here](#). Program booklets will not be sold at this event.
- Live results will be available throughout the competition. A link can be found on the LAQ Competition Results page or by using the QR code below. Users must remember to refresh the web browser when viewing the results multiple times.

**General Information cont.**

- Athletes (U9 – U17) placing 1<sup>st</sup>- 3<sup>rd</sup> will be awarded medals at the event for field events. Track place getters will be awarded medals at the finish line on the inside of the track when results are verified. Parents are not permitted to enter the arena.
- U7 & U8 participation medals will be presented at 1:00pm – listen for the announcement for athletes to gather on the arena
- To ensure the events run to time, it is important that parents and guardians come forward to assist at the events when called. We thank you in advance for your assistance.

**Program Booklet**



**Live Results**



**Order of Events**



**Competition Handbook**



